



---

# EDUCATED VOTING

The American Democracy Project and The Democracy Commitment are institutions that develop political engagement resources for college-age individuals to support responsible and informed voting.

They recommend considering the following principles as you decide who and what to vote for:

1. Use reliable sources.  
When researching the candidates or issues, use scholarly sources and non-partisan news outlets.
2. Be an active listener/researcher.  
When candidates are using political rhetoric to persuade their audience, it's important to read between the lines to understand what they are really saying.
3. Be optimistic, refrain from cynicism.  
Many may feel that voting will not make a difference. However, it is important to understand that if more people decide not to vote, our democracy will be at greater risk.

---

## Content Credit:

The American Democracy Project, The Democracy Commitment (2015, August 15). Guide to Informed Voting. Retrieved from: [aascu.org/programs/ADP/VotingResources/InformedVoting.pdf](https://aascu.org/programs/ADP/VotingResources/InformedVoting.pdf)